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# Psychological Testing-Family Quotient Matrix Scale!

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## **Executive Summary**

Family is a great institution for members (parents and children) to learn and practice love and respect for one another. Family provides an opportunity to express divinity in all their motives, actions and life ambition, radiate qualities of wisdom, understanding with awareness, thoughtfulness, consideration, true learning ..... And all round efficiency i.e. physical, mental, spiritual wellbeing. The family system is the most beautiful expression of mutual support, security and collective well-being.

In a more sophisticated modern language we may call them “living skills. “It was exemplified by the values of tribal living. The whole community was one family sharing the chores and blessings of life. The modern world has now the taste of what happens if this piece of human invention, namely the institution of the family degenerates. Real life Stories of successful leaders and businessmen who went from riches to rags are plenty. These business leaders and successful businessmen were ill prepared to meet host of problems like temptation of sex, greed, money making by easy and questionable means. They did not know what to use money for and what not to use money for. Unable to manage these destructive habits drove these business leaders and successful businessman finally to failures, ruin, evil and death. Most of the signs clearly point to the poor quality of parenting & mentoring by the family members.

The globe is going through leadership crisis. There is no short cut to leadership, just like eating, sleeping and breathing, imbibing and practicing spiritual values should become part and parcel of our life. The key challenge is to develop leadership for the organization & the country. There are many ways for exercising leadership and influencing the course of events in the organization, namely confrontation, criticism, by example, suggestion, parable and storytelling, reward and punishment, questioning, prohibition or permission, rewards and punishments, creation of experiences, organizing with others, and so on. The author would like to prompt on right family upbringing as a critical factor influencing course of events, leadership & success of the individual ....

The challenges of excessive materialism have evoked feeble response from the leaderships at Corporate, political and religion level. A social experiment in values and family life and their extra-polation into societal behavior is both necessary and compelling. The author would like to provide the, Psychological Testing tool-Family Quotient Matrix scale to guide parents & teachers to understand the art and science of parenting, nurturing leadership competence during their kid’s formative years, and test their FQ (Family Quotient) matrix scale.

- **Introduction**

There have been enough research papers linking family with continuing influence in a child’s well-being in life. The truth is family is where children attain their first experience of life- love and affection, sense of duty, moral, spiritual values, and faith.....!

Just as society supports education, parents should support their children to handle their desires, their mind, their actions and their responses. Teach them not to allow their desires to become greed and their intense craving and deep hatred to cause a real threat to their peace and joy. Also teach them the benefits of practicing values of honesty, truthfulness, compassion, love, caring and sharing. Most significantly, parents should know that discipline is not enough; children must see their parents as good practitioners of these positive qualities, even if they are not perfect.

Committed parents influence children in positive ways in relationships towards individuals outside their family. These children are less aggressive, less argumentative happy and well-adjusted individuals. Aggressive adults often come from homes that deprived them of the experience of being happy. It is further noted children of divorced parents are at greater risk of emotional and behaviour problems during adulthood.

Family is a great institution for members (parents and children) to learn and practice love and respect for one another. Family provides an opportunity to express divinity in all their motives, actions and life ambition, radiate qualities of wisdom, understanding with awareness, thoughtfulness, consideration, true learning ..... And all round efficiency i.e. physical, mental, spiritual wellbeing.

- **Aim**

To assess the Family Quotient Matrix scale.

- **Materials required**

Family Quotient Matrix scale constructed by Prof G. Lakshman

- **Description of Material**

There are 26 items in the Family Quotient Matrix scale constructed by Prof G.Lakshman. Each statement of the scale has four response alternatives as follows:

Never

Sometimes

Most of the times

Always

The items of the scale are framed in such a way that they can be used for measuring the Family Quotient Matrix score of the subjects irrespective of country of birth, culture, educational and professional background etc.

- **Procedure**

The subjects are asked to be seated comfortably and the following instructions are to be given. “Here is a list of statements given to you. Read each one of them carefully. At the end of each statement is a scale given to you with four point description. (Never, sometimes, most of the times, always). You may put a mark in the appropriate column which is suitable to you. There is no right or wrong answers and there is no time limit. But you may work as fast as you can and give out the correct response as felt by you.”

- **Scoring**

The score for the response against each statement in the Family Quotient Matrix scale is given below:

Never - 1

Sometimes- 2

Most of the times-3

Always-4

Scale (1-4 ) items:1,2,3,4,5,6,7,8,9,10,11,12,13,14,15,16,17,18,19 ,22,23.

**Reverse scoring**

Never-4

Sometimes-3

Most of the times-2

Always-1

Scale (4-1) items: 20, 21, 24, 25, 26

By adding FQ matrix scale score for parents and FQ matrix scale score for children the total Family Quotient Matrix scale score can be obtained.

The total score ranges from 26-104

• **Results**

The Family Quotient scale administered to parents and children can be tabulated as follows;

Parents Score	Children's Score
Total both (Parents Score plus Children score)	Total Score

• **Discussion**

Family Quotient Matrix scale has direct coefficient factor. Any improvement in the parent's attitude and behaviour will have exponential improvement in the child's behaviour and attitude and vice versa.

**Key!**

A score of more than 75 points;

(The relation between parents and children is positive and the child is shaping as happy well-adjusted individual.)

A score between 60—74 points:

(There is scope for improvement and adjustment in the behaviour of the parents/children)

A score less than 60; points

(Parents /Children have to correct their behaviour /attitude towards one another. Small changes can exponentially improve and transform the children as great leaders.)

• **Conclusion**

An attempt is made by Prof G.Lakshman to expose the near and dear ones to love and affection, sense of duty, moral, spiritual values, and faith during early childhood and adolescent period of growing up. The duty of parents, family members and teachers is to care with tenderness the young ones, and shape their behaviours during childhood and adolescent for leadership moments during adulthood. Parenting is about nurturing the child beyond simple feeding.

The Family Quotient Matrix Scale can provide an insight to the family members on areas of improvements;

- Transmuting uncomely egotism into consideration for others- a quality possessed by all great leaders.
- Balancing aggressive leading with also yielding and following.
- To be more idealistic in thoughts, words and actions towards family, society, country and the world.

I would like to quote, the finest words ever written on parenting by the Prophet, Kahlil Gibran,

“Your children are not your children.

They are the sons and daughters of life's longing for itself.

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They come through you but not from you.  
And though they are with you yet they belong not to you.  
You may give them your love but not your thoughts,  
For they have their own thoughts.  
You may house their bodies but not their souls,  
For their souls dwell in the house of tomorrow, which you cannot visit, not even in your dreams.  
You may strive to like them, but seek not to make them like you.  
For life goes not backward not carries with yesterday.  
You are the bows from which your children as living arrows are sent forth.  
The archer sees the mark upon the path of the infinite, and he bends you with his might that his arrows may go swift and far.  
Let your bending in the archer's hand be for gladness;  
For even as he loves the arrow that flies, so he loves also the bow that is stable.”

**Family quotient matrix scale for parents!**

- 1. Do you put more efforts and attention to your career and profession than for your child's development?  
Never, sometimes, Most of the time, Always.
- 2. Are you ready to slow down your pace of life for your child's sake?  
Never, sometimes, Most of the time, Always.
- 3. Are you your child's best friend?  
Never, sometimes, Most of the time, Always
- 4. Do you correct and reprimand your child's bad behaviour and wrong attitude?  
Never, sometimes, Most of the time, Always.
- 5. Do you spend enough time with your Children?  
Never, sometimes, Most of the time, Always.
- 6. Do you justify your actions to your children?  
Never, sometimes, Most of the time, Always.
- 7. Are you the first individual your children share their problems with?  
Never, sometimes, Most of the time, Always.
- 8. Do you give enough freedom for the children to take their own decisions?  
Never, sometimes, Most of the time, Always.
- 9. Are you creating learning, fun and exciting environment at home?  
Never, sometimes, Most of the time, Always.
- 10. Do you provide activities and task to your child for developing social awareness, emotional maturity and cultural Understanding?  
Never, sometimes, Most of the time, Always
- 11. Do you give the freedom to your child to decide their career options?  
Never, sometimes, Most of the time, Always
- 12. Do you support your child in pursuing their dreams and aspirations?  
Never, sometimes, Most of the time, Always

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- 13. Do you teach your child to value and respect the resources they are blessed with, rather than flaunting your wealth, your power and your status?

Never, sometimes, Most of the time, Always.

- 14. Do you share your problems with your children?

Never, sometimes, Most of the time, Always.

- 15. Do you share your life experiences with your children?

Never, sometimes, Most of the time, Always.

- 16. Do you provide honest feedbacks to your children?

Never, sometimes, Most of the time, Always.

- 17. Do you feel parenting is satisfying and fulfilling?

Never, sometimes, Most of the time, Always.

**Family quotient matrix scale for children!**

- 18. My parents are role models for me.

Never, sometimes, Most of the time, Always.

- 19. My parents respect my decisions.

Never, sometimes, Most of the time, Always.

- 20. My parents' stubbornness hurts me.

Never, sometimes, Most of the time, Always.

- 21. My parents blackmail me emotionally.

Never, sometimes, Most of the time, Always.

- 22. My parents instill values in me.

Never, sometimes, Most of the time, Always.

- 23. My parents encourage me to take responsibilities.

Never, sometimes, Most of the time, Always.

- 24. My parents' speech, behaviour, and actions confuse me many a times.

Never, sometimes, Most of the time, Always.

- 25. My parents are pushy, overbearing and intimidating.

Never, sometimes, Most of the time, Always.

- 26. My parents put undue pressure for my achievements.

Never, sometimes, Most of the time, Always.

**Pause, Reflect, and Scribble:**

How have we scored in Family Quotient (FQ) Matrix scale? What are the areas requiring improvement!

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